

News from **West Winds Yorkshire Tearooms**  
in Buckden at the heart of the Yorkshire Dales  
*Saturday 8 June 2013*

## Excitement grows as final countdown to Buckden Gala begins



Expectations are mounting that this year's **Buckden Gala** will surpass all those before it. Taking place in a week's time (Saturday 15 June 2013), the gala offers the opportunity for a grand day out in the country. Whether you would like to enter your pet into the dog show, watch the Langstroth Gun Dogs at work or simply eat a hot dog covered with tomato sauce, it promises to be a day to set tails wagging right across the village. You can also watch sheep being judged for form, have a go on the tombola, risk your dignity on the bouncy castle or test your reflexes at the splat-the-rat stall. This year there is even a beer tent.



Also part of the gala is the gruelling Buckden Pike Fell Race, which features startlingly fit young men and women running full-pelt up inclines of dizzying angles. It's enough to make your own knees start aching! The children's egg and spoon race could be just as traumatic.

There will plenty to do, eat, drink and buy, so put a note in your diary now. The fun starts around 1pm. To find out more, visit [www.buckdengala.co.uk](http://www.buckdengala.co.uk)



The **tearooms at West Winds** will be open on gala day from 3pm for an all-day menu of favourites including ham and eggs, rabbit pie, Yorkshire puddings, sandwiches, cakes and fine teas and coffees. We could well be busy, so if you'd like to round off a wild day with some good food in a peaceful atmosphere, reserve a table by calling us on 01756 760883 or e-mailing us at [lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk)

## Bookings now being taken for July evening barbecue



Places are now being reserved for our next **wood-fired, candle-lit barbecue evening**, which takes place on Saturday 6 July 2013, so if you'd like to come, we'd advise you to get in touch with us soon-ish.

Also, if you book before Saturday 22 June 2013, you can save money through our early bird offer with tickets at just £10 for adults and £6 for under-16s. After that, prices will rise to £12 and £7.

We'll be serving a hearty spread of meaty and vegetarian items, grilled over a proper wood fire, accompanied by delicious mixed salads and

crispy Aga-baked jacket potatoes. This will be followed by an opportunity to toast your own twisters and marshmallows over the embers. Hot spiced apple juice and hot chocolate will be provided but you can also bring your own wine or beer, or pop down to the Buck Inn to order drinks.

We'll be starting the barbecue at 7pm and later you can sit round the fire as the sunset turns to dusk and beyond. To reserve places, e-mail us at [lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk) or call us on 01756 760883. Please note that sadly we cannot accept under-10s or dogs.

## Tea-garden capacity reaches new high



We've raided our money box and bought some extra tables for the West Winds garden. This means there's even more opportunity to enjoy the sunshine (correct at the time of writing) in our lovely cottage-style garden. Pictured here are some water avens – also called soldier's buttons – now in flower in our garden meadow. They are a frequent sight in the Dales at this time of year, preferring damp patches in fields and on waysides.

## Vegetables finally risk all and start growing



It's been a long time but our vegetables are actually looking as though they plan to produce some food for us this year. The garden is perhaps three weeks late this year but the current spell of hot, sunny weather is doing it good. This year we're growing potatoes, peas, broad beans, lettuce, rocket, tomatoes, cucumbers, courgettes, marrows, Swiss chard, turnips, beetroot and around 25 different herbs. Many of these will be finding their way onto the West Winds menu. We're also hoping for a good crop of blackcurrants, so we can make plenty of pies.

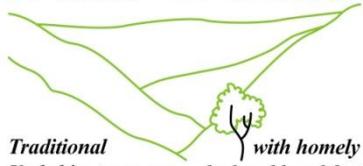
Pictured is a not-entirely-honest photo of a West Winds marrow.

## Dates set for West Winds early summer rest period



Please note that the tearooms and bed and breakfast at West Winds will be closed from Monday 8 to Tuesday 16 July 2013 for our early summer lie-down.

**West Winds**



Traditional  
Yorkshire tearooms with homely  
bed and breakfast

**West Winds Yorkshire Tearooms**

***Behind the Buck Inn...***

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