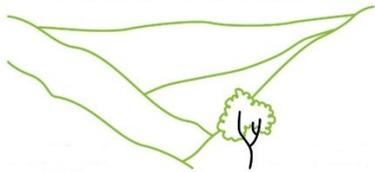


West Winds



Tearooms with Walker's Lodge

WWnews

News from **West Winds Tearooms with Walker's Lodge**
in Buckden at the heart of the Yorkshire Dales

Monday 10 July 2017

Cottage Garden Open Days showcase gardener Benson's ups and downs...



During the final week of July, Old Benson, the West Winds gardener (left), invites you to come to judge some of our successes (including herbs, salad plants, courgettes, cucumbers, soft fruit, peas, broad beans and turnips) and also have a giggle at some of our, shall we say, lesser successes (including celeriac and beetroot)!

Visitors to West Winds Tearooms will be able to wander among a veritable forest of kitchen garden food plants – and it certainly seems like a forest to us!

In the greenhouse we've crammed in cucumbers, courgettes, tomatoes, squashes and, ever hopeful, some rather reluctant pepper and melon plants. Outside are broad beans, peas, onions, potatoes, turnips, kohlrabi, curly cress, salad leaves, spring onions, radishes, strawberries, blackcurrants, rhubarb, plums and apples. Oh, and that celeriac and beetroot too... Meanwhile, our herb trail takes in around 50 cultivated and wild culinary, medicinal and potpourri plants. We're also experimenting with edible flowers – did you know that the flowers of nasturtium, borage and chives can add a welcome splash of colour to a green salad?

There's more to see too: wild flower areas, a pocket forest, a DIY hedgehog hotel you can copy at home, wood sculptures, spring-loaded raised beds, green pest control and water recycling and composting systems.

Old Benson himself will be mooching around – washing up permitting – so do quiz him to see if he knows what he's doing. And if you can offer any advice on how to get the celeriac and beetroot to show a little more enthusiasm, so much the better.

The tearooms and, more importantly, the gardens at West Winds will be open for this celebration of cottage gardening from 12.30pm to 5.30pm from Saturday 22 to Sunday 30 July, apart from Monday and Tuesday. And if you brush up on your Simon and Garfunkel music before you come, you can save money in the tearoom with our great special offer for newsletter readers – see page 2.



Buck Inn lock-out continues but there's still plenty for a walker's evening meal...



The Buck Inn has been closed since last December and it's not clear when it will reopen. Prospective new landlords have been seen looking things over, so the hope is that before too long you'll once again be able to enjoy a pint of beer in Buckden while staying at West Winds Walker's Lodge.

In the meantime, we're offering our Walker's Lodge guests a lift up to the George Inn at Hubberholme or the White Lion Inn at Cray. Both serve good food in nice surroundings and afterwards you can enjoy a gentle – perhaps even romantic – amble back to West Winds, while indulging in some star-gazing. If that doesn't appeal, Walker's Lodge guests who arrive in good time can eat in our tearooms – we serve a range of salads and other light meals from Wednesday to Sunday with last orders at 5.30pm.

For more information about accommodation at West Winds Walker's Lodge, visit www.westwindsinyorkshire.co.uk/bedbreakfast.asp

Pheasant pie flies back onto the menu...

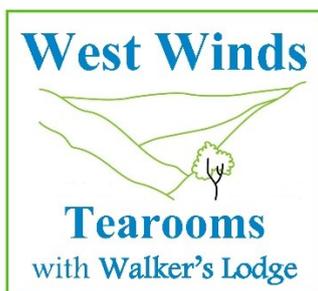


Talking of food, we're pleased to announce that pheasant and juniper berry pie will shortly be back on the menu for lunch. It's always a favourite – particularly with us – so come and claim your pie before they run out. Pheasant and juniper berry pie is served with sloe gin relish from Bracken Hill Fine Foods at York and a delicious herb-rich salad. You can make the salad even more tasty by adding some of our home-made honey and mustard salad dressing.

Celebrate cottage gardening with this readers' discount...



To tempt you to West Winds Tearooms between Saturday 22 and Sunday 30 July, we're offering a 10 per cent discount during this period to all readers of our newsletter who can remember the four herbs mentioned in Simon and Garfunkel's hit song *Scarborough Fair*. And if you want a clue, you can find all four on our herb trail! All right, they're parsley, sage, rosemary and thyme. Just whisper these words into your waitress's ear when you come to settle up and your bill will suddenly get smaller... And there's no need to sing either!



Eat and drink. Sit and chat. Rest and stay

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