# Links

Upper Wharfedale and Littondale Parish Magazine 

When I am afraid, I put my trust in you. In God, whose word I praise - in God I trust and am not afraid. *Psalm 56 3-4* 

Town Foot, Kettlewell

# The Link &

The **Link** is the magazine and noticeboard for the Parish of Upper Wharfedale and Littondale, sharing news, reports and items of interest from the churches and our community. If you have something to contribute, please email it to your local correspondent or to the editor.

#### The deadline for submissions is the 20th of the month.

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The Link is distributed free to every household in the parish, and is also available on the Parish website at https://www.upperwharfedalechurches.org/news-and-views.html

If you would like to receive a copy of the Link by email, please contact the Editor at <a href="mailto:smithiwho@gmail.com">smithiwho@gmail.com</a>

The Link is financed by advertising from local businesses, and gifts. If you like to make a gift towards the publication of the Link, you can do so Parish website at <a href="https://www.upperwharfedalechurches.org">www.upperwharfedalechurches.org</a> or by code. Your donations to parish funds help towards publication upkeep of our churches.

Thank you for your contribution.

Cover art: Town Foot Bridge, Kettlewell, by Peter Ward, Buckden Art Group

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# **A Dales Prayer**

May the Father's grace abound in you as the flowing water of the beck.

May the Son's love and hope invigorate you as the rising slopes of fell and dale.

May the Spirit's companionship be with you as the glory of the golden meadows.

Amen

# From the Vicar...

## Seeing God in all things

I wonder who your top three artists are? Mine would probably be Giotto, Fra Angelico and Piero della Francesca. You may be a fan of the Early Renaissance, or you may have a taste for the modern stuff. Or you may just love it all.

Over the years I have discovered that I apprehend God more in symbolic and pictorial forms of art - through sculpture and religious paintings - than through performance art - through words or music, or even silence. Whilst not wishing to say that this is something that happens on a daily basis, it is through this medium more than any other that I find God may occasionally wish to communicate something of God's love and God's own self to me.

In this month's edition of the Link, we are celebrating the medium of art. Last month in our neighbouring parish a colony of local artists exhibited their work in Kirkby Malham Church. In our own parish we are blessed with two particularly bright Church interiors which would make for wonderful exhibition space. We are fortunate to have a significant number of gifted artists as parishioners and it would be a great joy to do something similar here.

The Enneagram is a personality type indicator with roots in the Islamic and Christian mystical traditions. There are nine fundamental 'types'. Each type represents a key aspect of God's nature, given that we are each made 'in the image of God'. We can manifest any or all of these aspects of God's nature but for each of us we have one that predominates. One of these types is "the artist".

The quickest way of discovering what type you are in the Enneagram is by your compulsions, and the artist is one of the easier ones to identify. It is exhausting for the artist trying to blend in... but when able to be 'unique' and functioning well their creativity pours out of them like a flowing artesian well.



Although we may not all be artists in that sense, we can all do whatever it is that we do do, however mundane or seemingly ordinary, in an artistic way. Let us rejoice in our high calling to be co-creators with God.

# From the Churches & Villages

### From the Parish Registers

#### WEDDING

1 July – St Oswald's, Arncliffe – Guy Jonathon Morgan and Lucy Lee Bell

Lucy and Guy read these words to one another before making their wedding vows at Arncliffe Church and have kindly given us permission to publish them. Guy proposed to Lucy kneeling in the River Skirfare.

Guy Our journey began at the River

Lucy We were always destined to meet

Guy Today we receive blessings

Lucy The River flowing over our feet

Guy Best friends, lovers, soulmates

Lucy Together we are one

Guy Despite life's woes and challenges

Lucv Our love remains so strong

Guy Every single part, I love through and through

Lucy As real as the River, our love pure and true

Together Two hearts joined together / always side by side,

Today we say our vows at this Church as groom and bride

# St Mary's, Kettlewell

#### **August Rotas**

#### Sidespeople

- 6 Phil Burgin
- 13 No one required
- 20 No one required
- 27 Dave Nelson

#### After Service Tea/Coffee

- 6 Judy Burgin
- 13 No one required
- 20 No one required

27 Sue Nelson

#### Cleaning

Sue Nelson/Jan Walter/Church Scarecrow Team

#### **Flowers**

Sue Nelson/Church Scarecrow Team

Many thanks to those hardy souls who came to help at the **work morning in the churchyard** of St. Mary's, Kettlewell on Saturday 15 July. Amidst sunshine and showers much was achieved by a relatively small group of volunteers – strimming of grass, raking, weeding and the gathering of dead leaves to name but a few. Thank you so much for your perseverance and determination to get the job done despite the weather.

Scarecrows in St. Mary's, Kettlewell. The church will be 'dressed' for the Scarecrow Festival on Thursday 10 August from 9.30am. Any help will be gratefully received – if only to keep the supply of tea and coffee flowing (everything provided) or do a bit of ironing! There will be high jobs, heavy jobs, arty jobs, simple jobs, problem solving, cleaning – you name it and we're sure the perfect job can be found for you! Thank you in anticipation!

## St Michael & All Angels, Hubberholme

## August Rotas

## Sidesperson

13 J Cowpe & S Kilvington

20 C Winpenny

27 J Yarrow & L Hird

#### Flowers/cleaning

6 S Lusted

13 V Bliss

27 L & G Huck

#### Fundraising for Hubberholme church

Once again, the support for **Buckden Open Gardens** on 1 July was incredible, the showers not putting visitors off attending the 13 gardens on offer. There were a lot of positive comments, giving pleasure to many and ideas to others to take away. Thanks go to everyone involved in any way too, without you this fundraiser could not have occurred. The day raised an impressive £1,020 to go towards the running costs of our church. Thank you again to everyone and we hope to do another one at some future date.

Our next fundraiser is on August 28th, Bank Holiday Monday when we will be holding Refreshments and Stalls from 10am until 4pm at Buckden School Room. As we explained last month, it is our intention to have refreshments as well as stalls for books, small bric-a-brac, and cakes. Items including SMALL bric-a-brac he brought to the School Room on Friday 25 August between 12 noon and 2.00pm. Any donations of cakes, biscuits and scones would be most welcome but please put a label showing the ingredients. These can be donated on the day. If you can help in any way on the day or need to leave items before Friday 25 August, please speak to Josie (01756 751154), Deirdre (01756 760296), or Sandie (01756 802090). We cannot accept bri-a-brac on the day. Thank you in anticipation, we are so grateful for all your support and hope you are able to drop in for a drink and a cake.

After our August Bank Holiday event we are planning **An Evening with Ian and Sally Smith** who will be talking about their time in Nepal and their work with WHO during the pandemic. The talk will be followed by a supper of Nepalese food. This will take place on Friday, 20 October in Buckden Village Institute. Entry will by ticket which will be

available in September. Further details will be in next month's Link magazine.

Looking further ahead **to Bingo in the Buck** on Tuesday 5 December.

And finally, the Annual Fundraising Quiz is still available to buy for £1 in August and September at the Buck Inn, the George Inn, the Parish churches and from Josie (761154) or Deirdre (760296). Thank you to all who have already bought one.

## St Mary's, Conistone

#### **August Rotas**

#### Sidespeople

- 6 Philip Butterfield & Allison Clarke
- 13 Philip & Kathryn Butterfield
- 20 Hilda Dibb & Jo Foster

#### **Flowers**

- 6 Jane Pighills & Helen Carlisle
- 13 Jane Pighills & Helen Carlisle
- 20 Jane Pighills & Helen Carlisle
- 27 Jane Pighills & Helen Carlisle

#### Open Church w/c

- 7 Allison Clarke
- 14 Jane Pighills & Michelle Parkin-Vaughan
- 21 Philip Butterfield
- 28 Philip Butterfield

#### St Oswald's, Arncliffe

#### **August Rotas**

## Opening church w/c

- 6 Rebecca Ward-Dooley
- 13 Hilary Follows
- 20 Sally Smith
- 27 Elspeth Miller
- 3 Sep Sarah Paul

#### Sidesperson

- 6 Rebecca Ward-Dooley
- 13 Elspeth Miller
- 27 Hilary Follows
- 3 Sep Sarah Paul

#### Coffee

6 Sarah Paul

13 Elspeth Miller
27 Rebecca Ward-Dooley
3 Sep Sally Smith
Cleaning
Hilary Follows
Flowers
Patsy Campbell

# Buckden & Langstrothdale

#### Buckden Gala

A massive thank you from the Institute Committee to all those who helped with the Gala or supported the event in any way. The success of the event is entirely due to all the people from Buckden and the dale who put in all the hard work beforehand, as well as on the day. A big thank you too, to Janet & Ellen for getting the Sheep Show going again after a three-year break. All in all, a great Buckden afternoon, which raised over £4,000 for Institute funds. Don't forget to put the date of next year's gala in your diaries - Saturday 15 June 2024!

# Buckden Art Group

The Art Group will be holding their annual exhibition in the Institute from Saturday 26 August to Monday the 28<sup>th</sup> with opening hours from 11 a.m. to 5 p.m. As well as paintings, greetings cards and paperweights will also be displayed. Flyers will be circulated nearer the time. All are welcome to come and view the work of the Art Group (see this main article on the Art Group in this month's Link for more information).

#### Buckden Singers Open Rehearsal

#### Thurs 14 September, 7.30pm, Buckden Village Institute

Do you enjoy singing? Have you ever considered joining a choir but are a bit



nervous about how it all works? Are you an Opera Singer? If any of these apply to you do come along to our open rehearsal (details above). We will sing some of our favourite repertoire and you can join in, we will have a look at how we approach learning something new, have some refreshments, have chance for a chat and meet new friends. There is no obligation to join if you find it's not for you, but you can be sure of a warm welcome. If you need further information do contact me 01756 760882 or anne@vetch.co.uk.

#### Kettlewell with Starbotton

# Kettlewell Scarecrows are descending

And they need your old trousers and old tights please! Any size, any style, any colour, any fabric. All are welcome.

Please *drop your trousers or tights* at the village shop before 6<sup>th</sup> August or, better still, bring them along to the workshop in the Village Hall on Sunday 6 August 11am until 3pm. Many thanks to those of you who have already donated clothing, it is much appreciated - but, several of the scarecrows need new attire, especially trousers, so please help if you can.

At the workshop on Sunday 6<sup>th</sup>, you can get props, clothing, ideas and all sorts of paraphernalia for your own scarecrow. You can help make and redress general scarecrows. And it would really help if you could collect a scarecrow or two and put them up around the village on Friday 11<sup>th</sup>. Make sure you tie the scarecrow down to counteract the winds!

Please help with setting up the village hall cafe on Monday 7 August, any time

between 10 and 4. There is a lot of heavy lifting, setting out tables and chairs and cleaning, so if you can spare half an hour or more, that'll be great. Also, on Friday 11 August we need some muscle to help put up the gazebos and lay the mats on the car park field. If you can help with either of these please contact Peter Ward (07506780128) or Peter Chiverton (761953)

We will also need a great deal of help at the end of the festival on Monday 21 August. Please come along to the village hall anytime between 10am and 3pm.

Remember to get your scarecrow on display by 9:30 Saturday morning in order to be included in the judging. There are up to 20 awards on offer so don't miss out!

We still need a few volunteers in the Village Hall, any amount of time, from an hour to three hours, is most valuable. Please contact Peter Ward (07506780128) if you haven't so done already.

This is going to be epic! Have a great week and let's hope there's a bit of sunshine to brighten people's days!

Thank you The Scarecrow Committee

# Kettlewell & District Horticultural Society Show

# Sunday 10 September - not long now!

Main Registration: Saturday 9 September from 1-4pm in Kettlewell Village Hall. Late Registration is for only half an hour on Show Day from 9-9.30am. Schedules, listing all you need to know, available at:

Buckden Village Store
The Buck Inn, Buckden
The Fox & Hounds, Starbotton
Kettlewell Village Store
Kettlewell Village Hall
Conistone Church
Kilnsey Trout Farm
Scargill

Kettlewell Village Hall



#### **Annual General Meeting**

Kettlewell Village Hall Annual General Meeting will be held at the Village Hall at 7pm on Monday 4 September. Please come along to hear what has been happening at the village hall this year, about our plans for 2024 and how you can help keep this important community asset thriving. Wine and nibbles to be served.

Jane Welsh

#### Film Nights

Film nights are here again. Saturday 2nd September 7.30pm. Film yet to be decided. Look on social media and posters for the film title nearer the time.

David Nelson

#### Chess Club

The Chess Club will not meet in August, but resumes in September, and meets on the first and third Tuesday of the month from 7-9pm in Kettlewell Village Hall. Cost is £2 per player, and all are welcome.

Melanie Denver

#### Play Table Tennis

The new session begins on 6 September and takes place most Wednesdays in term time at Kettlewell Village Hall:

3.15-4pm – Junior 1: £1

4-5.30pm – Junior 2: £1

5.30-7.15pm Adult drop-in: £2

Boost brain and body health while having fun! All welcome. For more information, call Clare or Di on 761864

#### Pie, Peas, Pudding and Quiz

#### Saturday 10 February 2024

Pie, Peas, Pudding and Quiz event in Kettlewell Village Hall from 7.30pm in aid of church funds.

#### Kettlewell Primary School



Thank you to everyone who came to support of first federation music festival at Grassington, we raised a great amount for the 4 schools. Thank you to everyone who donated the fantastic raffle prizes.

Class two enjoyed a trip to Ripon police and prison museum. Learning lots as part of their crime and punishment trip and even dressing up and becoming members of a court room.

Class one had a brilliant trip to the Dales countryside museum at Hawes. They learnt about how the landscape of the dales was shaped by the people who lived and worked here and toys from the past.

Everyone had great fun at sports day competing in a variety of races both individually and as a team. The winning house this year was Ruby.



Year 6 children all went on a 4-day residential trip to Brathay Hall on Windermere. Doing raft building, survival in the wild, climbing, canoeing, self-guided walks and ghyll scrambling.

All the children took part in a performance about World War two evacuees. They were amazing remembering lines and singing their hearts out. Well done everyone, we are so proud of you.

We end the term by saying a sad goodbye and good luck on your school journey to Freddie, Jacob, Max and Olivia. We will miss you all and luck forward to bumping into you and finding out how you're getting on.

#### Kettlewell & District WI.

The July meeting was held in Kettlewell Village Hall, instead of the intended Garden visit, and we were



entertained, superbly as usual, by Kettlewell's own Geoff Queen. He gave us a talk about his holiday in Bhutan and had lots of slides to demonstrate the simple way of life that leads Bhutan to be the country 'In pursuit of Happiness'. Thank you, Geoff for once again stepping in to give us a jolly good afternoon. Fun and laughter are always a tonic, and it was a real treat for everyone.

August is our Holiday Month so there will be no meeting. We look forward to September, and please note that the new meeting start time, each second Tuesday in the month, will be changed from 2pm to 1.30pm, hoping that this will help young mums with school children, and also help in winter and the dark early evenings.

Barbara Lambert

#### Littondale

#### LITTONDALE DUCK RACE



Thank you to everyone who supported and helped at this year's Littondale Duck Race. Conditions were difficult with a rising river Skirfare, but Cowside Beck provided an ideal wet weather course and fast conditions for a closely contested race. The 2023 winners were:

- 65. Malcolm Campbell
- 57. Freda Brook
- 41. Dawn Nolan
- 230. Nick Sealy

A wonderful £531.17 was raised for the Churches of Upper Wharfedale & Littondale

#### Traditional Dales Village Dancing

#### Sunday 22 October, 2pm to 5pm

Come for Traditional Dales Village dancing with a live Ceilidh Band and Caller in Amerdale Hall, Arncliffe. This is a family-friendly event for all. Full details will be provided in the September Link. For more information, contact Richard Hargreaves, Hawkswick, 01756 770346.

#### Halton Gill Gala and Sports

Halton Gill Gala and Sports will be held on Sunday 27 August starting at !.00pm. Fell races, children's games, fun races, human blindfold sheep dog trial, refreshments on sale, free car-park, family day in beautiful surroundings. All are welcome.

Mike Stephenson 01756 770367

## LITTONDALE FETE 2023

#### Saturday 12th August, from 1pm.

1pm. 4mile Road Race 1pm. Skipton Brass Band

1.10pm. Children's Fancy Dress (theme, 'Local wildlife') From 2pm. Fell Races

2.30pm. Dog Show 3pm. Children's Races 4pm. Prize Giving

4.30pm. Strongman/Strongwoman 4.30pm. Silent Auction closes Tea & Cakes

White Elephant & Book Stall
Tombola

Coconut Shy Hot Dogs

Local Produce Silent Auction Face painting

Scavenger Hunt Welly Wanging

#### Could you help? - we need volunteers to:

- Donate good quality (clean!) Silent Auction, White Elephant (Bric-a-Brac), Books, Tombola prizes & Local produce.
- Bake cake or savoury snacks.
- · Assist on the day, with the car park, serving teas or manning a stall.
- · Help set up on Friday evening/Saturday morning.
- · Help clear up on Saturday evening.

For more information, please contact Mark Houston (770419), Ruth Cowan (770293) or Sarah Paul (770282), email: <a href="mailto:carrfarm2021@gmail.com">carrfarm2021@gmail.com</a>.

All proceeds to Amerdale Hall (CIO 1193881)

UWALS presents...

# I served with a man who.....

An irreverent look at some of the characters I have met and situations I became embroiled in during a 44 year career (to date!) with ships and the sea.



Join us for a cream tea and an entertaining afternoon with Mike Deegan, sailor and raconteur, Mike will be sharing some of his amusing tales from his many years at sea.

Mike is donating his fee for the event to the RNLI. UWALS will therefore donate all profits to the charity.



Wednesday 13th September 2023 Conistone with Kilnsey Hall 2pm. Tickets £5 including cream tea. Please email <a href="mailto:uwalsociety@gmail.com">uwalsociety@gmail.com</a> or phone 01756 770350 to make a booking

#### Parish wide & beyond

#### The Friday Hub

Grassington Hub
has started a wellbeing cafe at
Church House
called 'The
Friday Hub' it is
open to all in
Grassington,



nearby villages,

Littondale & Upper Wharfedale. It is held on the last Friday afternoon of each month 1-4pm. We offer a place where people can come together to share what's on the menu - various activities, information, support and a cuppa or two!

Lyndsey Earl

## **Upper Wharfedale Runners**

We meet in Grassington Square at the following times:

Tuesday - 6:30pm

Thursday - 7:45pm

First Sunday of the month - 8am
If anyone would like to find out more, email upperwharfedalerunners@gmail.com or join our Facebook group: www.facebook.com/groups/upperwharfedalerunners

#### Rainfall for June 2023

**Arncliffe:** 59.9 mm/2.36 ins

**Beckermonds** (May & June combined): 124 mm/4.88 ins

124 11111/4.00 1118

## Rainfall in June over the last 10 years

**10-year avg:** 72.9 mm/2.97 ins **Highest:** 162.2 mm/6.39 ins (2017) **Lowest:** 21.9 mm/0.86 ins (2021)

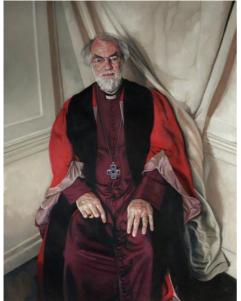


Barn near Buckden, Angela Falshaw, Buckden Art Group

# S Art and Artists in UW&L – past and present

In a part of the world as beautiful as ours, it's not surprising that artists flock to the area to capture our landscapes and seasons. But it's not just those visiting the dales that are renowned for their art; we have several accomplished artists in our midst that have made this their profession.

Victoria Russell was born in Bradford and grew up in Yorkshire and Suffolk. She lived and worked in London for nearly 30 years as a portrait artist and has several paintings in the National Portrait Gallery. She also painted the official portrait of former Archbishop Rowan Williams that now hangs in Lambeth Palace.



Archbishop Rowan Williams, by Victoria Russell

Victoria has also been involved in social projects, "I have always been interested in 'social art', whatever that might mean", she says, "mask making, puppetry, pushing the boundaries of fine art, which can be very elitist. I was involved in a community centre in London



where I worked for a few hours a week, painting the children in a baby clinic."

Victoria came to live in Upper Wharfedale in 2015, as her father lives in Wharfedale, and has shifted from portrait to landscape (in subject as well as orientation!) Her landscapes are more abstract than formal, and she is currently using woodland as her inspiration.



Unfinished painting by Victoria Russell



Another well-known local artist is Kitty North, who lives in Arncliffe, where she has a gallery and an 'Art House'— the walls of which she has painted in her inimitable bold and vivid style, each room depicting the local landscapes and wildlife.

An aspiring artist at the age of 12 (inspired by painting a view of Ingleborough from her home), she trained in London, Brighton and Manchester before returning to Yorkshire. Kitty works primarily with acrylic, watercolours, and oils paints, and her striking paintings often

feature Arncliffe and the surrounding landscapes.

Next door to the Art House is the Falcon Inn – home to another well-known artist of the dales, Marmaduke Miller (1900-1973), who managed to find time to produce superb watercolours, etchings and wood cut prints, as well as running the pub, a local guesthouse and a taxi service! There are numerous examples of his work in the village, including in the village hall and the pub, as well as many homes, and several were reproduced in the Dalesman over the years. Kitty organized an exhibition of his work at her gallery in 2017, as part of the Grassington Festival.



Ingleborough Sunset, by Kitty North

Stained glass and carved woodwork are currently the main forms of artwork found in our churches, but this has not always been the case. Scrolls of quotations from the Bible and other artistic designs previously decorated the walls of several of our churches, but in the recent past have been removed – as in Arncliffe, where the plaster was removed altogether, or painted over, as in Kettlewell. Some old photos of our churches from the



The Art House, Arncliffe

early 1900s reveal some of these decorations, though the artists are unknown. The ornamental scroll above the chancel in the photograph of the interior of Arncliffe church below reads, 'O Come let us worship and bow down, let us kneel before the Lord our Maker' (Psalm 95 6)

Perhaps one of the most unusual artists in our churches does have a name - 'Poor Birket', though nothing else is known about them. This artist was apparently commissioned to paint the royal coat of arms of George III, to hang in Arncliffe Church when it was controversially renovated in 1797. The painting was restored in 1964 and is somewhat unusual for a royal coat of arms - even unique - in that it includes a portrait of an unknown person, perhaps Birket him/herself, or even George III?!



Old Mill, Arncliffe, by Marmaduke Miller



St Oswald's Arncliffe, early 1900s







# 😘 Buckden Art Group exhibition – 26-28 August

embers of Buckden Art Group are now preparing for their 31st annual exhibition to be held in Buckden Village Institute later this month. The exhibition resumed last year after a three-vear break. Thirteen members took part and over 180 paintings were on show. All members help with setting up and clearing away afterwards. Donations are collected for the Yorkshire Air Ambulance charity.

The group was formed in 1989 by a few friends who enjoyed painting. Meetings were held in Buckden Schoolroom and the following year an invitation was extended to hold a small exhibition in Hubberholme Church. Those exhibiting were Allan and Margaret Akers, Angela Falshaw, Rita Baxter, Shirley Leach, Sarah Sayer and

Wilfred Griffiths Some other early members were John and Marjorie Davies, Nora Wood. Christine Lambert and Betty Dennis.

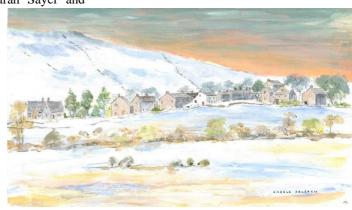
1991, members began meeting in Buckden Village Institute. lighting had been installed and heating was by open fires. Since then. exhibitions have been held

yearly on the August Bank Holiday, with the exception of 2001 when the dale was closed owing to Foot and Mouth disease.

Meetings are held on Monday evenings from September to Easter in the Institute and once a month in Kettlewell Village Hall. In winter, some afternoon meetings take place. This is a very sociable group and new members are always welcome. Help is available for beginners when needed. Some of the group show their work at other venues such as the North Yorkshire Open Studios, Skipton Town Hall and Gargrave Village Hall. In 2018, the group had a grant from Craven District Council to purchase equipment for the exhibition. The age range of members over the years has ranged from young children to those in their eighties and many lasting friendships have been made over the past 30 years with over 120 members being involved past and present.

This year, the exhibition will take place in the Institute from Saturday 26 to Monday 28 August, with opening hours from 11 a.m. to 5 p.m. As well as paintings, greetings cards and paperweights will also be displayed. Flyers will be circulated nearer the time. All are welcome to come and view the work of the Art Group.

Alison Falshaw



Sunrise over Buckden, Angela Falshaw

# 🔇 Country Diary - August

ugust is a month caught between two seasons: the hazy dog days of summer, school holidays, sunny adventures; and the gateway to autumn and the gentle slowing of the year. Fruits ripen, hedgerows take on a dusty, tired look and the long grasses fade from a gold hue to a gentle blush.

Many wildflowers and stars of the hedgerow have morphed into skeletons of their summer selves, with seedpods replacing blooms. Late summer colour can come from the delicate lilac harebell, and field scabious, with the more maligned thistles and ragwort bursting forth.



August is also the month of festivals, fetes and agricultural shows; the most central of which for our area of the dales, is Kilnsey Show.

Growing up in farming communities, I always found agricultural shows an enticing prospect as a child. Many years ago, I commenced collecting small wooden mice with leather tails, purchased with pocket money from the handicraft stalls; a tradition I continue to this day. I usually leaving Kilnsey Show with (amongst other things), a small wooden mouse. There is a positive infestation in our house!



Salford Agricultural Society organised the first UK show in, what was then Lancashire, in 1768. The shows were originally intended to be a platform to display the finest animal husbandry, produce and downright hard work in the regions - also to give the landowners and upper classes the chance to fraternise with farm workers, taking advice on the best methods to maximise estate productivity.



Some 129 years later, Kilnsey Show began to ceremonially mark the end of summer, and to celebrate the fruitful season of dales' agricultural production. With renewed interest in locally reared and sustainable food, such shows continue to offer an inviting window into local produce country life and traditions, which feels ever more precious. And over a hundred years on from the original show, we even have dancing sheep!

Rebecca Ward-Dooley

Jesus said "Do not think I have come to bring peace to the earth; I have not come to bring peace but a sword. For I have come to set a man against his father and a daughter against her mother and a daughter in law against her mother-in-law and ones foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it and those who lose their life for my sake will find it." Matthew 10 34-39

oes this gospel reading give you a sense of fear? It certainly gave me one as I thought about having to preach a sermon of encouragement on it!

Putting it into context, Jesus is preparing his disciples before sending them out, so that they can do everything that he is doing: preaching, healing, casting out demons and preparing the way for the coming of the

Kingdom of God. Basically, he is warning them that this is going to be a difficult task. It could cause problems. It could ruin their reputations, it could cause falling out with family members and all sorts of difficulties.

But he also said two more things – one, "you are dearly, dearly loved" and two, "even though you are afraid, I still want you to tell people about me."

There are at least two

kinds of fear that I am aware of as a Psychological Therapist — one kind, 'Healthy' fear, can be a very positive emotion and is given by God as part of our basic physical make up. I'm sure you all know the 'fright and flight' mechanism of the body. A process whereby adrenaline is poured into the blood stream to help combat any real or threatening action against us — for instance, an old man is walking down the lane when he finds himself being chased

by a bull. He leaps over a five barred gate at

the side of the lane with astonishing speed and agility, though later, he finds that it is only with the greatest of difficulty that he can get over the gate at all. The instinct of self-preservation fired by the emotion of 'Healthy' fear.

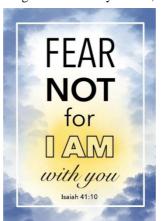
Children learn 'healthy' fear from an early age. They develop a great respect for busy streets, hot stoves and sharp knives –

mostly from experience – a young child was intrigued by the cigarette lighter in the car which his parents had just bought. He was told not to play with it but as small boys will, at the first opportunity he did just that and carried round for weeks a painful reminder on his thumb, I guess he will have a 'healthy fear' of cigarette lighters for a while to come.

Generally, 'Healthy' fear is a good thing – but

'Unhealthy' fear which also attacks us all is quite the opposite and can do untold damage to our personalities. It can restrict our lives in many different ways until we can be living lives which are bound and governed by fears of what people will think or hampered by fear of criticism – for all of us are influenced by the opinions of those around us.

We are afraid of rejection, we are afraid of our own worthlessness, and we are afraid of failing in any one of a thousand ways. It



is when we allow these fears to overcome us that we begin to see life in a distorted way, and we can react in panic – which is the very opposite of living by faith.

In our reading Jesus says to his disciples "do not be afraid." When we live by faith, we begin to see things as they really are. This does not eliminate fear, but it does try and put the external forces which cause our fears in a right perspective.

A woman of great faith visited her doctor for an examination. A few days later he told her that she had cancer, and her days were numbered. At first, she panicked, and fear took over. But after a few minutes she regained her perspective and smilingly replied, "Well your days are numbered too!" She realised that the doctor had not introduced any new evidence. Ironically the woman outlived her doctor by several years even though he was much younger than she was, but the important thing was not her extended life span but the fact that she lived her remaining years free from fear.

Fear is not quickly or easily got rid of, and I know this from my own experience, but I have found that each time I take a risk and venture forth in spite of fear and carry on in faith and hope I have been rewarded by a fresh experience of the love and resources of Christ and a new assurance of His faithfulness.

I was once discussing new year resolutions with a very dear friend, who said a good one for the Christian was 'live dangerously' – I was at first surprised but later realised how right he was – he did not mean live recklessly or with lack of care but be free to go out and take risks.

There is a story of a shipwreck many years ago. A young member of the coast guard rescue crew on seeing the atrocious weather conditions said, "We can't go out – we'll never get back." The wise old captain replied "We have to go out! We don't have to come back!" This kind of living often

cuts the sinews of fear and sometimes God's will for us, is not that we accomplish an objective but that we attempt it.

Christian security at its deepest level has little to do with success or failure because we believe that Christ loves us totally, regardless of whether we succeed or fail. This gives us a completely different perspective to work from.

If we believe that God loves us regardless of our performance, we do not have to hide our weaknesses and failures from ourselves, from those around us or from God himself. But this is easier said than done, because every natural instinct in us says "Protect yourself – don't let people get too close - don't let them know your weaknesses." And if we succumb to our natural instincts, which we do at time- then we cease to be vulnerable and yet, here we have another of life's paradoxes.

Most of us warm to people who are vulnerable in their relationship with us – we are drawn instinctively to those who have the courage to demonstrate their vulnerability – by their trust in us- and what greater example can we have for this, than the example of a God who shows himself to us on the cross, naked and vulnerable in Jesus Christ.

In the Bible we often see Jesus meeting people at the point of their fears with such words as "Do not be afraid, only have faith." And "Fear not, I am with you" and in a most wonderful way if we respond to His call and take up his challenge to really live for Him, then He can help us to overcome our innermost fears and enable us to go out to life and see it with new eyes and in doing so discover His peace and fulfilment as we serve Him.

And now to Him, who by His power within us is able to do more that we can dare to ask or imagine, to Him be the glory, now and forever. Amen

Pauline Thompson

# Community Events

The following events have been announced and details are inside the Link, however, please confirm with the organisers, as the situation may change.

#### THIS MONTH

Sun 6 Aug Kettlewell Scarecrow Workshop, Kettlewell Village Hall

12-20 Aug Kettlewell Scarecrow Festival

Sat 12 Aug Littondale Fete

Wed 23 Aug Farm Walk, Friends of the Dales, Long Preston

26-28 Aug Buckden Art Group Exhibition, Buckden Village Institute

Sun 27 Aug Halton Gill Gala and Sportsd

Mon 28 Aug Bank Holiday Refreshments & Stalls, Buckden

#### **FUTURE EVENTS**

Sat 2 Sep Film Night, Kettlewell Village Hall

Mon 4 Sep Kettlewell Village Hall Annual General Meeting

Fri 8 Sep Big Quiz, Amerdale Hall
Sat 9 Sep Coffee & Chat, Amerdale Hall

Sun 10 Sep Kettlewell & District Horticultural Society Show, Kettlewell Village Hall Wed 13 Sep UWALS 'Evening with Mike Duggan' Conistone & Kilnsey Village Hall

Thu 14 Sep Buckden Singers Open Rehearsal, Buckden Village Institute

Sat 14 Oct Coffee & Chat, Amerdale Hall Sun 22 Oct Traditional Dales Village Dancing

Fri 27 Oct Bingo, Amerdale Hall

Fri 10 Nov Rocky Horror Show (film and fancy-dress night), Amerdale Hall

Sat 11 Nov Coffee & Chat, Amerdale Hall
Sat 9 Dec Coffee & Chat, Amerdale hall
Littondale Christmas Party

Sat 10 Feb Pie, Peas, Pudding and Quiz, Kettlewell Village hall

#### REGULAR EVENTS

What	When	Where
Chess Club	1st and 3rd Tues, 7-9pm	Kettlewell Village Hall
Play Table Tennis	Wed 3.15-4, 4-5.30, 5.30-7.15pm	Kettlewell Village Hall
Funk Wire	Thur -fortnightly 2pm	Conistone & Kilnsey Village Hall
Whist Evenings	Alternate Wed, 7pm	Buckden Village Institute
Buckden Singers	Thurs $-7.30$ pm	Buckden Village Institute
Indoor Bowls	Wed 1.45-3.35pm	Kettlewell Village Hall
Coffee Morning	Thurs – weekly 10.30-12.00	Halton Gill Reading Room

# **Community Directory**

Clubs and Associations Buckden Art Group **Buckden Singers** Friends of the Dales

Funk Wire

Grassington & District Peace Group Kettlewell & District WI

Kettlewell Chess Club

Kettlewell Cricket Club Sally Horner Kettlewell & District Horticultural Society Sue Nelson Kettlewell Lunch Club Sue Nelson

Kettlewell Scarecrow Festival

Kettlewell Table Tennis Club Kettlewell Toddler Group

Littondale Cricket Club Settle Orchestra

**UW Arts and Literature Society** 

UW Field Society

UW Refugee Support Group

**UW Runners** 

Telephone/Email Contact Person

01756 760259/angela.falshaw@gmail.com Angela Falshaw Anne Vetch 01756 760882/anne@vetch.co.uk Victoria Benn victoria.benn@friendsofthedales.org.uk

Ron Norman uwalsociety@gmail.com

Richard Hargreaves 01756 770346/strand@hawkswick.net Jane Welsh 07718 218630/ janeawelsh@googlemail.com Melanie Thornton

melaniethornton@live.com

01756 760834/sallyandcolin@yahoo.com 01756 760887/sueambercottage@aol.com 01756 760887/sueambercottage@aol.com

kettlewellscarecrow@gmail.com

Di/Clare Blakey-Williams 01756 761864/canddaway@gmail.com

charlie facer@hotmail.com Charlotte Facer Jack Hirst jackhirst38@gmail.com Jill Gates jillgates100@gmail.com Geraldine Norman uwalsociety@gmail.com https://uwfs.org.uk/ Stella Perrott

stella@stellaperrott.com

upperwharfedalerunners@gmail.com

Village Halls Amerdale Hall

Buckden Village Institute

Conistone/Kilnsey Village Hall

Kettlewell Village Hall

Sarah Paul

Peter Vetch Maggie McLellan 01756 770282/carrfarm2021@gmail.com 01756 761155/hall@buckden.org villagehall@kilnseyandconistone.co.uk

kettlewellhall@gmail.com

Parish Councils/Meetings

Buckden Conistone with Kilnsev

Halton Gill

Hawkswick

Arncliffe

Kettlewell with Starbotton Litton Parish Meeting

Michael McKenzie Nicola Mansfield-Smith

Liz Hall

Amelia Wilman A Nettleton

Laura Jowett Andrea Lund

michael@bluescarfarm.co.uk buckdenclerk@gmail.com liz.hallconistone@gmail.com earl.amelia@googlemail.com anettleton7@gmail.com

kettlewellstarbottonclerk@gmail.com andrea.lund@btinternet.com

Local Services/Organizations

Grassington Medical Centre 01756 752313 Grassington Dental Care 01756 753782 Grassington Pharmacy (Boots) 01756 752338

Kettlewell Primary School 01756 760280/kettlewelladmin@uwpf.n-yorks.sch.uk

01756 760500 Scargill House

UW Bus 01756 636161/info@upperwharfedale.org

UW Fell Rescue Association secretary@uwfra.org.uk

01756 753227/info@yorkshirecamps.org.uk Yorkshire Camps

If there are other voluntary organizations in Upper Wharfedale & Littondale that could be included in this directory, please contact the editor at smithiwho@gmail.com



The following schedule of church services in our parish is planned for this month, however, please check the parish website for confirmation at <a href="https://www.upperwharfedalechurches.org">www.upperwharfedalechurches.org</a>

Wednesday 2 August				
18.00	Kettlewell	Sanctuary@6		
Sunday 6 August				
09.30	Arncliffe	Holy Communion		
11.15	Kettlewell	Iona Communion		
18.30	Conistone	Holy Communion		
Sunday 13 August				
09.30	Arncliffe	Morning Prayer		
11.15	Hubberholme	Holy Communion		
18.30	Conistone	Holy Communion		
Sunday 20 August				
18.30	Conistone	Evening Prayer		
Sunday 27 August				
09.30	Arncliffe	Morning Prayer		
11.15	Kettlewell	Morning Prayer		
18.30	Hubberholme	Evening Prayer		
Holy Mass is celebrated on Sundays at 9.00 am at St. Margaret Clitherow's				
R.C. Church, Threshfield				

