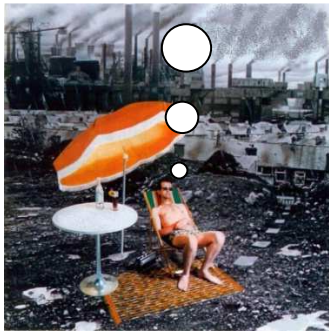
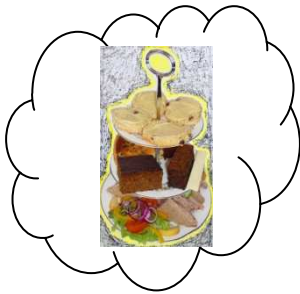


News from West Winds in Buckden at the heart of the Yorkshire Dales

30 March 2010

Never mind the weather... West Winds declares summer without further delay



It's been a long winter but tomorrow we are officially declaring the start of summer. We're throwing caution to the wind (and probably the rain, hail and thunder too) and switching to our summer opening hours.

The tearoom doors will usually be open daily (except Mondays and Tuesdays), from Wednesday 31 March to Sunday 31 October, 12.30pm to 6pm. Over the Easter weekend, we'll be open on Bank Holiday Monday too. There are also some special events coming up and we'll write about these nearer the time.

Most of all, you can now look forward to a freshly designed menu that is much clearer and easier to read with some tasty new additions. This week we're offering home-made pheasant and rosemary pie with red wine jelly; venison and Theakston's Old Peculier casserole in a giant Yorkshire pudding with cranberry sauce; Yorkshire fat rascals; and lots of other mouth-watering treats, both new and familiar.

We're also planning to make more use of the countless delicious chutneys and savoury fruit jellies made by Raydale Preserves, just over the hill at Stalling Busk. You can now enjoy our Yorkshire cheese board with red onion marmalade, or try a ham sandwich with apple and mint jelly or a beef salad with apricot and walnut chutney.

There are more – and nicer – soft drinks on offer too, including Glendale Ginger, a spicy treat made in Reeth, fruit juices from an orchard at Wilberfoss near York, and organic lemonade and elderflower pressé.

To remember your visit to West Winds, you can take home a wide range of items, including the ever-popular Presentation Boxes of Yorkshire Cakes or Fruitcake and Cheese, Yorkshire honey from Malton, jams and chutneys from Stalling Busk, apple juice from Wilberfoss, Glendale Ginger, West Winds chocolates by Whitaker's of Skipton, granola from Yockenthwaite Farm in Langstrothdale, new postcards specially produced for West Winds and even personal Yorkshire flags.

While we are always trying to improve what we offer customers, you'll be relieved to hear that any changes are always on a very small scale. In essence, West Winds will always be the same.

For more details, visit www.westwindsinyorkshire.co.uk/tearooms.asp or call 01756 760883.

Guest artist brightens up menu



Beginning this week, our tearoom menu will include guest artwork carrying a Yorkshire theme. Artist Tina Negus has allowed us to showcase some of her inspiring paintings on our menu for the spring period. Tina is a prolific painter and photographer from Lincolnshire and much of her work can be seen on her Flickr website.

Tina specialises in colourful interpretations of outdoor scenes. The picture here shows Penyghent in a way you might not have seen it before. Yorkshire is not her only subject but her paintings of this part of the country are certainly among her best.

To see some of Tina's work, come and have a look at our menu or visit her Flickr feature at

www.flickr.com/photos/84265607@N00/sets/72157600049346109/

You can also access this page from the home page of our website at www.westwindsinyorkshire.co.uk

Coming to stay? Make it a Special Break...



If you want to stay at West Winds for two nights in our double room, why not consider a **Best of Yorkshire Special Break**? It includes tea and cake on arrival, a Luxury Yorkshire Afternoon Tea for two on your second day, a bedroom 'mini-bar' of fruit juices from Yorkshire Orchards at Wilberfoss, a help-yourself bowl of organic fruit in your room and pillow chocolates made by Skipton chocolatier Whitaker's. And, of course, there's a choice of cooked and 'Dales continental' breakfasts to look forward to in the morning.

The price, for two people, all inclusive, is £112. For details, please visit www.westwindsinyorkshire.co.uk/specialoffers.asp or call 01756 760883.

And we've put together a special package to reward you if you travel to Buckden all the way from your home town by public transport or bicycle. Our **Green Reward Special Break** offers an attractive discount and the chance to have a tree planted in the Dales in your name.

Through the [Yorkshire Dales Millennium Trust](http://www.yorkshiredalesmillenniumtrust.org), we'll donate £10 to have a tree planted in the Dales and dedicated to you. It will be a native broad-leaved tree and will form part of one of the new woods being established by the Millennium Trust all the time in the Yorkshire Dales National Park. When you arrive at West Winds on a **Green Reward Special Break**, you'll find a certificate in your room giving details of this scheme – and your tree.

It costs just £84 for two people for two nights or £44 for one person for two nights. The package includes tea and cake on arrival and a full choice of breakfast options. For details, please go to www.westwindsinyorkshire.co.uk/specialoffers.asp or call 01756 760883.

Cat's Tales from the Dales joke book now available



Cat's Tales from the Dales is a whole week's worth of purr-fect humour, put together specially for West Winds. Enjoy a sample joke here...

What did the inflatable headmaster say to the inflatable schoolboy outside the inflatable school when he caught him holding a penknife?

"You've let me down, you've let yourself down, you've let the whole school down!"

Cat's Tales from the Dales is available only from West Winds. To receive a copy by post, send a cheque for £2.80 (*includes postage and packing*), made payable to Lynn Thornborrow, to West Winds Yorkshire Tearooms, Buckden, Skipton, North Yorkshire BD23 5JA.

Alternatively, you can order the book online through our website and pay through the secure **PayPal** payment system. Visit www.westwindsinyorkshire.co.uk/dalesgifts.asp and click on the Buy Now button. Remember to click on "Add special instructions to seller" and type in "Payment for Cat's Tales", together with your postal address. We'll process your order as soon as we receive your payment.

Garden 'water meadow' begins to sprout



The picture shows a snake's head fritillary on our lawn last year. We are hoping that towards the end of April, there will be a number of these spectacular flowers in bloom again in our garden 'water meadow'. This is the part of the garden where we are trying to create the conditions that would have been usual in an old riverside meadow. Our lawn is damp here anyway, but we are keeping it wet throughout the year when necessary using recycled bathwater. In addition, we are avoiding fertilisers, weed killers and other chemicals. The herbage gets cut at the end of August when the plants have finished flowering and have set seed, and then we cut it right down during the winter to give the more fragile plants a good start when the temperature picks up.

Our 'water meadow' has encouraged wild plants like lady's smock and buttercups to flourish but we've also cheated slightly by planting a number of interesting plants once familiar in damp meadows but now sadly less common. Among these is the snake's head fritillary. In the wild this fabulous flower is now confined to a handful of carefully managed water meadows along the Thames valley and other places.

The fritillaries we have planted are from cultivated stock but are just as spectacular. Helping yourself to plants from the wild to put in your own garden is, of course, illegal and even picking wild flowers can be an offence if they are particularly rare.

All being well, if you come to the tearooms at the end of April, you should be able to see some fritillaries in all their glory. Later on, we expect pink purslane, ragged robin, oxeye daisy and yellow flags (irises) to flower.

Still a few bed and breakfast vacancies for the Easter period



If you are considering a last minute Easter getaway, you might find the accommodation you're looking for at West Winds.

We still have a few vacancies on the following nights...

Wednesday 31 March

Thursday 1 April

Friday 2 April

Sunday 4 April

Monday 5 April

Tuesday 6 April

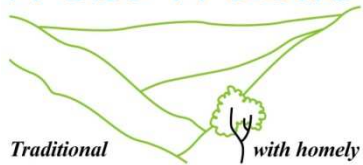
Thursday 8 April

Saturday 10 April

If you are thinking of reserving a room, it's best to do so as soon as possible. If the weather turns out nice (!), Easter can see a huge demand for accommodation at the last minute.

Just one thing, you'll need to bring your own Easter eggs...

West Winds



*Traditional
Yorkshire tearooms* *with homely
bed and breakfast*

West Winds Yorkshire Tearooms

Up the lane beside the Buck Inn...

Buckden, Upper Wharfedale, Skipton, North Yorkshire BD23 5JA

01756 760883

lynn@westwindsinyorkshire.co.uk

www.westwindsinyorkshire.co.uk