

# News from West Winds in Buckden at the heart of the Yorkshire Dales

## Monday 9 May 2011

### West Winds prepares to welcome local craftsman for tea-garden demonstration



Traditional furniture-making demands skill and patience and Richard Humpidge (left) has plenty of both. He makes chairs, tables, bird boxes and feeders, toys, bowls and other items from locally gathered green-wood. At the end of May we'll be welcoming him to West Winds where he will **demonstrate his skills** – and if it rains, his patience too – in the tea-garden.

Richard will be showing how he makes some of his classic items as well as giving onlookers the chance to help him **complete bird feeders**. It will be an ideal opportunity to bring the children and let Richard show them what can be made from a simple lump of wood. Richard is good with children – he has quite a number himself and is also a governor of Kettlewell Primary School. It was Richard who spearheaded the successful campaign to stop the local council from shutting down this outstanding-rated school last winter.

Naturally there will also be a substantial menu in the tearoom to explore too, so why not make a day of it?

Richard will be at West Winds on **Sunday 29** and **Monday 30 May 2011** – the Bank Holiday weekend – from 12.30pm to 6pm.

For more details visit [www.westwindsinyorkshire.co.uk/tearooms.asp](http://www.westwindsinyorkshire.co.uk/tearooms.asp)

### Buckden Gala – premier country show – looms close



A further date for your diary is **Saturday 18 June 2011** when the **Buckden Gala** will offer the opportunity for another perfect day out. Whether you would like to enter your pet into the dog show (see left), spend a fortune on the tombola, risk your dignity on the bouncy slide, listen to traditional brass band music from the Lofthouse and Middlesmoor Band or test your reflexes at the bash-the-rat stall, the day is sure not to disappoint.

Also part of the gala is the gruelling Buckden Pike Fell Race, which features startlingly fit young men running full-pelt up inclines of dizzying angles.

The fun starts around 1pm. The tearooms at West Winds will be closed during the duration of the gala but will open at 4pm for you to round off the day with some proper ham and eggs and a decent cup of tea.

To find out more about the gala – and other local happenings, news and village gossip – visit the Buckden village website at [www.buckden.org](http://www.buckden.org)

## Tasty new additions to West Winds menu prove popular



The man on the left is Eldon Robson, the grandson of Thomas Fentiman. Thomas started brewing ginger beer 100 years ago. Originally an iron worker from Cleckheaton in the West Riding of Yorkshire, he was given the secret recipe from a man who owed him money. The man couldn't repay him in cash and opted instead to hand over his treasured family recipe.

Now the company is based at Hexham (farther up the Pennines) and makes all sorts of traditionally brewed soft drinks, including **rose lemonade, dandelion and burdock, ginger beer and others**. You can try them at West Winds.

Fentiman's drinks are just one of the additions we have made to the menu for spring 2011. You can also tuck into cashew nut pie with parsnip and carrot cakes, discover West Riding pudding or totally indulge yourself with liquorice cake, baked with Pontefract-made liquorice.

We are always looking out for authentic Yorkshire produce and old recipes and are on a mission to show that Yorkshire cuisine can be as tasty as that from anywhere.

To see what other local food we offer and the local ingredients we use, visit [www.westwindsinyorkshire.co.uk/attachments/Meettheproducers2011.pdf](http://www.westwindsinyorkshire.co.uk/attachments/Meettheproducers2011.pdf)

## Spring rain adds extra inches to food plants in West Winds garden



"A good downpour is worth more than a thousand watering cans!" So said Benson our gardener (actually it's Stephen) after witnessing some decent rain over the past few days. It's done wonders for all the things we're trying to grow this year, as well as all the things we're not trying to grow but that come up anyway.

We hope to use a good deal of **our own produce on the menu** whenever we can. With any luck, this will include lettuces, cucumbers, tomatoes, herbs, radishes, spring onions, chard, potatoes, turnips, broad beans, spinach, apples, peas, strawberries, blackcurrants, blueberries (last year our six bushes produced five whole berries between them) and more.

If you'd like to look round our herb garden in particular, come to West Winds during our **Celebration of Herbs Week** between Saturday 18 and Sunday 26 June 2011. Our menu will be even more herbalicious than normal and Benson will be conducting tours around the pots where we are growing more than 20 different varieties of herb.

The picture shows our raised bed of mixed salad leaves – they've still got some way to go before they make it onto a plate, mind you...

## Fancy a tea-party? West Winds is at your service...



This is a photo of the tearoom just before a surprise 60th birthday party. It features trays of sandwiches, scones with strawberry jam and Dales cream, cakestands weighed down with home-made cakes and West Winds chocolates, made in Skipton. The party seemed to go really well and we don't think those who came will have needed to eat for the rest of the day...

So, if you would like to **hold a party at West Winds**, give us a ring on 01756 760883 or write to us at [lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk) and we'll be very pleased to discuss your requirements.

## Coming soon... Buckden beef



We are delighted to report that we will shortly be taking delivery of a number of beef joints from our local farm here in Buckden. Garry Schofield (left) farms at Heber Farm in the village and always puts us at the top of his list when he has some **prime beef** to sell from the farm gate. The beef is Aberdeen Angus and Garry says it is very tasty. Well, I guess he would say that, but there's only one way to find out just how tasty it is... You know where we are!

## Win... win... win... win... win... win... win... win... win... win... win... win... win...



Once again we have an exciting prize to give away. All you have to do to win is answer the following riddle...

"I leave Buckden Village Stores. I turn left, take the first left, turn left again, then take the first left, then the first left again. I walk down to the corner, turn left and enter the first door on my left. Where am I and what does the person there say to me?"



The first correct answer pulled out of the hat – or it might be a saucepan, we haven't decided yet – will **win tea and cakes for two at West Winds**, a fabulous prize worth as much as £10!

To enter, send your answer to [lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk) or to West Winds Yorkshire Tearooms, Buckden, Skipton, North Yorkshire BD23 5JA by high noon on **Friday 20 May 2011**.

### Terms and conditions

1. Only one entry can be accepted per person or per e-mail or postal address.
2. Staff at West Winds or Buckden Village Stores are not allowed to enter. Hard luck.
3. The prize will be allocated on Friday 20 May 2011.
4. The winner will be chosen at random from all correct answers received by the

closing time.

5. The winner will be notified by e-mail, phone or post on Friday 20 May 2011.
6. The prize must be claimed in person and there are no cash or other alternatives.
7. The winner's name will be available on application after Friday 20 May 2011.
8. The judges' decision is final and no discussion, arguments or fights will be entered into.



## **West Winds Yorkshire Tearooms**

***Behind the Buck Inn...***

Buckden, Upper Wharfedale, Skipton, North Yorkshire BD23 5JA  
01756 760883

[lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk)

[www.westwindsinyorkshire.co.uk](http://www.westwindsinyorkshire.co.uk)