



WWnews

News from **West Winds Tearooms with Walker's Lodge** in Buckden at the heart of the Yorkshire Dales

Saturday 26 May 2018

Time to get down and sniffy at West Winds...



We've had a long, drawn-out winter in Buckden but as a result of a couple of weeks of beautiful warm weather this month, our potted herbs have decided it's safe to start growing again. **The herb trail is now open!** Featured are around 50 cultivated and wild plants with culinary, medicinal or pot pourri uses. Get a leaf between your thumb and finger, rub gently and inhale!

On show are far more than the proverbial parsley, sage, rosemary and thyme, although all of those do appear. Check out some of our curiosities, including chocolate mint, pineapple sage and curry plant.

Many of the more conventional culinary herbs grown at West Winds are used in the tearoom menu with rosemary and lovage finding their way into savoury pies, black peppermint making a refreshing herbal tea, and a variety of herbs adding zing to fresh salads. The picture shows Bobby the cat reading up about chives, a salad favourite of ours.

Customers can learn too about some plants not usually thought of as edible, such as dandelion, heather and, of course, common stinging nettle.

Non-edible medicinal herbs on display, such as lily of the valley, woundwort and feverfew, reveal folklore ways of tackling human ailments. And, as you might expect in a household with three cats, there are prominent patches of cat mint – the feline equivalent of very strong cider.

The herb trail will be open throughout the summer.

Tearoom tables loaded with tasty tuck for the summer...



If you're hungry and want some proper food on your plate, then come to West Winds for **lunch, snacks and yummy cakes**. You'll probably leave a little heavier but your wallet is unlikely to be much lighter. Tearoom prices are good value prices!

We have lots to tempt you. This summer our pie range consists of venison and Old Peculier, chicken and bacon, and halloumi cheese with sundried tomato. There is quiche of the day and soup of the day, toasted paninis with pesto or Yorkshire chorizo, hot baguettes, ham and eggs, big

Yorkshire puddings with Great Yorkshire sausages and our ever-popular three-egg, deep-filled omelettes.

And, of course, for afters you can simply work your way through the cake cabinet, always loaded with Lynn's finest work. Featured here is rich brandy fruitcake, which comes with a wedge of Yorkshire Wensleydale cheese.

The tearooms are open from Wednesday to Sunday, 12.30pm-5.30pm.

Proud Yorkshire gardeners prepare to rival Chelsea...



The Chelsea Flower Show is set to be put in its place by a new event in the north of England. **Buckden Open Gardens Day** takes place on Saturday 30 June 2018 and will showcase around ten or so of the village's private green spaces. Gardeners will be laying bare – including Old Benson at West Winds Tearooms (the picture shows the tea-garden here) – the fruits of their labours over the past days, weeks and months.

As well as the herb trail, there'll be plenty to see at West Winds. This year we hope to impress with our salad leaves, tomatoes, cucumbers, courgettes, peas, broad beans, Swiss chard, beetroot, shallots, potatoes and turnips. On the fruity side, we'll have strawberries, blackcurrants and rhubarb with the promise of plums, damsons and apples to come. And our cottage-style tea-garden, wild flower areas and 'pocket forest' will offer further dimensions for your enjoyment.

Other gardens on show naturally won't be quite as good as ours but will still be worth checking out. The open gardens trail starts at the Old School Room in front of the main car park. There you can pick up a map that will guide you round without the need for satnav. The trail opens at 10.30am and costs just £3 per person, which will go towards the upkeep of Hubberholme Church.

Dates for the diary...



If you're planning out your time over the coming months, you might want to make a note of the following happenings in Upper Wharfedale:

Monday 28 May, 10.30am-3pm: **Stalls and refreshments** at the Old School Room, Buckden, in aid of church funds

Saturday 16 June, 12.30pm-4.30pm: **Buckden Gala and Fell Race**, opposite the main car park

Saturday 30 June, 10.30am-5.30pm: **Buckden Open Gardens Day**, start at the Old School Room, Buckden

Sunday 22 July, 3pm: **Buckden Duck Race**, Buckden Bridge

Saturday 27 July, 7.30pm: **Buckden Singers Summer Concert**, Hubberholme Church

Saturday 25 to Wednesday 29 August, 11am-5pm: **Buckden Art Exhibition**, Buckden Village Hall

Buck Inn reopens in time for Bank Holiday...



The lights are on, the door is open and there *is* someone at home! **The Buck Inn has, after a year and a half, reopened.** Next time you're in Buckden, you'll be able to round off an Afternoon Tea at West Winds with a good session of beer next door.

The Buck has been taken on by Jeremy and Joanne, both of whom have parents living in the village. Do drop in and give this important village business your support.

This brings to five the number of places to get an evening meal within 2 miles of Buckden. As well as the all-new Buck, there is the George Inn at Hubberholme, the White Lion Inn at Cray and the Fox and Hounds Inn and Cecilia's Pizzeria at Starbotton. Never has a stay at West Winds Walker's Lodge looked more attractive...

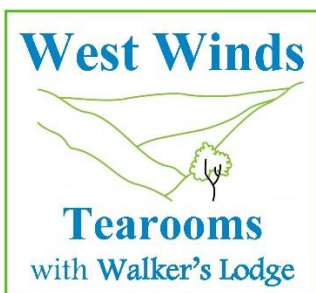
Win an Afternoon Tea for two...



As a thankyou for resubscribing to our humble newsletter, we're giving you a chance to win an **Afternoon Tea for two!** Two lucky teatime connoisseurs will be able to feast on tasty sandwiches, scones with strawberry jam and cream, and delicious cakes piled high on a china cakestand, all on the house, by answering the question below correctly:

Question: What do we like to do with black peppermint at West Winds?

To enter, send your answer to lynn@westwindsinyorkshire.co.uk to arrive by high noon on **Saturday 2 June 2018**. The winner will be the first name picked out of the jam saucepan! To claim your prize, just come into the tearoom before the end of July and reveal yourself.



Eat and drink. Sit and chat. Rest and stay

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